

OESO Newsletter – December 2020

Message to the members of OESO,
and to all those who have interest in Esophagology

ANNOUNCEMENT

A workshop hosted by Professor Denis Collet, devoted to surgical treatments of esophageal cancer using minimally invasive approach, will be organized in Bordeaux on December 8.

Due to the current pandemic, it will be transmitted by visio-conference and will take place 5:00-7:00pm (GMT+2). A video of technique will be presented and commented on.

The discussion, in French, will include the current surgical techniques used in the treatment of esophageal malignancies.

Other workshops will be organized by our team of Bordeaux in the future.

We are looking forward to your active participation.

Professor Denis Collet

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The OESO-SEMPIRE

VIRTUAL EDUCATIONAL CHANNEL 5th meeting

Thursday, December 10, 2020

Hosted by **Stefan Mönig** and **Minoa Jung** (Geneva Pilot Center)

- Time: **4:00 – 5:30 pm Geneva time** (GMT+2)
- Zoom technology applied
- Zones in a comfortable time to connect to the meeting:
Africa – South America – North America – Europe

2 cases will be discussed

GIST OF THE 1ST CASE

**Esophageal gastrointestinal
stromal tumors –
A surgical treatment guide.**

Presentation of the case: Mirza Muradbegovic
Moderator: Peter Grimminger

A 73 year old female patient with a giant gastrointestinal stromal tumor (GIST) of the distal esophagus.

- Two-month dysphagia associated with spasm. Absence of symptoms of gastro-esophageal reflux.
- Upper gastrointestinal endoscopy with ultrasound and fine needle biopsies: submucosal tumor corresponding immunohistochemically to GIST.
- Thoraco-abdominal computed tomography and positron emission tomography confirmed the esophageal tumor size of 7cm.

Surgical treatment decided at Board meeting:

- Subtotal Ivor Lewis hybrid esophagectomy (laparoscopy and right-side thoracotomy) with intrathoracic end-to-side circular eso-gastric anastomosis.

Uneventful postoperative period was uneventful. Patient discharged/10 days. Histopathology findings were pT3 N0 L0 V0 PN0 RO low-grade distal esophageal wall GIST 6.5 cm, with low mitotic activity (MA) and no mutations of c-KIT and PDGFRA.

Clinical, radiological, and endoscopic patient follow-up.

Total recovery 15 months after esophagectomy without signs of oncological recurrence or functional disorders.

Panel of experts for discussion:

Surgery: Olivier Huber – Minoa Jung – Stefan Mönig – Beat Müller – Ralph Peterli – Johannes Zacherl

Oncology/Gastroenterology: Markus Möhler

Pathology: Rupert Langer

Discussion points:

- With endoscopic/echographic diagnosis of esophageal submucosal tumor of the esophagus would you recommend a biopsy?
- What additional investigations are necessary (CT scan, PET)?
- In which cases is neoadjuvant treatment recommended?
- What would your surgical strategy be for esophageal GIST? Do you propose radical esophagectomy for all cases? What are the alternative surgical options?
- Is systematic lymph node dissection mandatory?

GIST OF THE 2ND CASE

Patient with severe obesity, gastroesophageal reflux, and gastric metaplasia. Which operation to offer?

**Presentation of the case: Minoa Jung
Moderator: Ralph Peterli**

**Barrett esophagus and reflux-esophagitis
5 years after laparoscopic sleeve
gastrectomy and Roux-Y-gastric bypass**

A 48-year-old male patient of Spanish origin with BMI 38.4 kg/m², metabolic syndrome, obstructive sleep apnea, depression, and gastroesophageal reflux.

- Esophagogastroscope (2016): hiatal hernia with gastritis. Helicobacter pylori infection eradicated at that time.

Consultation at a private practice center specialized in bariatric surgery to discuss options for surgery.

- Gastroscopy: 10-mm Paris Is superficial lesion of the esophagus above the Z-line and 15-mm Paris Ila–IIb lesion at the incisura angularis.
- Biopsies of the incisura: intestinal metaplasia without helicobacter pylori.
- Endoscopic submucosal dissection (ESD) of gastric metaplasia performed at the private center.
- ESD confirmed a moderate intestinal metaplasia with low-grade atrophic gastritis (OLGIM 2, OLGA 1) at the antrum level.

Consultation at the University Hospital for a second opinion on the most appropriate bariatric surgery option.

Panel of experts for discussion:

Surgery: Peter Grimminger – Olivier Huber – Minoa Jung – Stefan Mönig – Beat Müller – Johannes Zacherl

Oncology/Gastroenterology: Markus Möhler

Pathology: Rupert Langer

Discussion points:

- Are two lesions with moderate-grade gastric metaplasia (at the level of the incisura angularis and at the level of the distal antrum lesser curvature) considered as risk factors for gastric cancer?
- Which bariatric operation to offer?
 - Sleeve gastrectomy
 - Roux-en-Y gastric bypass
 - Roux-en-Y gastric bypass with removal of the excluded stomach

Registration is free, but mandatory.

Free registration

*Fifteen Pilot Centers worldwide are currently listed in the network of the OESO-SEMPIRE Platform of Excellence in Esophagology to take part in the program of the OESO Virtual Educational Channel in Esophagology. Such a program is in line with true multi-disciplinarity, the essence of OESO since its creation, and the mission defined by UNESCO in the **Chair of Digital Education** attributed in 2018, at the University of Geneva, to the OESO Foundation.*



The first four "Staff meeting discussions" were organized on May 28 (Pilot Center of Milan), July 22 (Pilot Center of Stanford), October 3 (Pilot Center of Bomet, Kenya), and October 29 Pilot Center of Beijing).

- **Wherever you are in the world,**
- **Whatever your specialty,**
- **Whatever your level,**

the 5th clinical case of the OESO-SEMPIRE Platform will afford you the opportunity to participate in a global multidisciplinary staff meeting dedicated to 2 challenging cases of esophagology. They will involve specialists in various disciplines, and participants from any country can connect to the discussions.

Looking forward to seeing you soon!

Robert Giuli, MD, FACS

Professor of Surgery

Founder & Deputy Executive Director of OESO

The clinical cases coming up for discussion will be proposed by the Pilot Centers of

- **Melbourne (Australia) – January 2021**
- **Bordeaux (France) – February 2021**

Details and time of these discussions will be announced on the OESO website and in future Newsletters.

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